

THE GURNARD'S HEAD

DRINKS

Brut NV, Wiston Estate	12.00	Jack's Kombucha 33cl	5.75
GH Negroni	12.00	Lucky Saint Lager (0.0%)	6.50

LUNCH FOR LESS

2 courses: 25.00 3 courses: 30.00



Cornish seafood soup, rouille, croutes

Pakora, vindaloo, coconut yoghurt, dukkah, chilli, coriander *pb*

Beef, tomato & chilli ragu, pappadalle, Parmesan, rocket, pangrattato *dfo*

Spiced aubergine, harrisa smoked cauliflower, smoked almonds, raisins *gf, pb*

Sticky toffee pudding, clotted cream, butterscotch sauce

Dark chocolate mousse, banana, peanut, caramel sauce *gf, pb*

ON THE SIDE

Chips *pb, gf* 5.50

New potatoes, green sauce *gf, pbo* 5.50

Broccoli, Stilton, smoked almonds *gf* 7.50

Cavolo nero, 'nduja, pangratatto *gfo, dfo* 6.00

Look for the gf, df & pbs for dishes free of gluten or dairy, or plant-based. The "o" means we can adapt that dish. Please also talk to us about any other specific allergies or intolerances about which we need to know.

We add a 12.5% discretionary service charge to your total bill. This is handled independently and shared across our whole team.

EATDRINKSLEEP CAN ALSO BE FOUND AT

THE OLD COASTGUARD
MOUSEHOLE • 01736 731 222

THE FELIN FACH GRIFFIN
NR BRECON • 01874 620 111